

## **Showdown Series**

**Powerlifting & Bench Press** 

14.-15.06.2025 Breitenbach

#### Freitag - Vendredi - Venerdì, 13.06.2025

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Weigh-in

Männer Open und Master
 Bench press - Single Lift

Bench press Alle

18:00 - 19:00

#### Samstag - Samedi - Sabato, 14.06.2025

Weigh-in	Powerlifting  - Women All  - Men Open and Master  - Men Teenagers & Juniors  Bench press - Single Lift  - All  Deadlift - Single Lift  - All	07:30 - 08:30
Technical meeting	Referee	08:45
Technical meeting	Loading Crew	09:00
Technical meeting	Athletes	09:15
Group 1	Squat • Open -82.5 kg • Open -90 kg • Open -100 kg	09:45
Group 2	Squat • Open +100 kg • Master	10:45
Group 1	Bench press  ■ Open -82.5 kg  ■ Open -90 kg  ■ Open -100 kg	11:45
Group 2	Bench press Open +100 kg Master	12:30
Group 1	Deadliff ■ Open -82.5 kg ■ Open -90 kg ■ Open -100 kg	13:45
Group 2	Deadlift  Open +100 kg  Master	14:30
Group 3	Bench press - Single Lift  All	15:30
Award ceremony	• All	17:15



# **Showdown Series**

Powerlifting & Deadlift 14.-15.06.2025 Breitenbach

### Sonntag - Dimanche - Domenica, 15.06.2025

Weigh-in	Powerlifting  Women All  Men Teenagers & Juniors  Deadlift - Single Lift  All	07:30 - 08:30
Technical meeting	Referee	08:45
Technical meeting	Loading Crew	09:00
Technical meeting	Athletes	09:15
Group 4	Squat  • Women All	09:45
Group 5	Squat • Men Teenagers & Juniors	10:30
Group 4	Bench press • Women All	11:15
Group 5	Bench press • Men Teenagers & Juniors	11:45
Group 4	Deadlift Women All	12:45
Group 5	Deadlift • Men Teenagers & Juniors	13:15
Group 6	Deadlift - Single Lift - All	14:00
Award ceremony	- All	15:15